

District 5-3A Middle School Track and Field Meet

Date:

Tuesday March 26th at Comfort High School

Restrooms:

Restrooms are located at the concession stand.

Weather:

In the event of bad weather, we will ask everyone to go into their bus until weather has passed. We will delay or adjust the events when the weather permits.

Concession Stand:

The concession stand will be open at the stadium during the meet. Athlete meal deals are available for purchase through: CABCBobcatGrill@gmail.com

Team Camps:

No camps on the infield. We will have roped off sections on the field. No radios, boom boxes or other noisemakers will be permitted in camp or on the field.

Parking:

ALL bus parking is on the west side of the parking lot (nearest right field fence of baseball field). Please back them in.

Awards:

The top Three finishers in each event will medal.

Marks (Relays and Field Events):

Do not use chalk on the track. If you use tape please dispose of it properly at the end of the event.

Finish Line Procedures:

We will be using the IPAD Sprint timing system. Keep the finish line area free of traffic.

Appeals Process:

All protests must be in written form and submitted to the Meet Referee and Games Committee within 30 minutes of the conclusion of the event.

Meet Entry Procedure:

Online registration for the District Meet opens on Thursday, March 21, 2024. We will send out a link from trackmate. Entries will close at 10:00 am. on March 26th.

- Only Three entries per event
- Trackmate will heat the running events. **Enter a 1,2,or 3 in the time box beside your athlete's name. 1 will be the fastest heat and so on**

Hospitality: will be in scratch meeting room.

2024 – District 5-3A Track and Field Meet – WORKER ASSIGNMENTS

Meet Referee:	Games Committee – District AD's
Starter/Assistant Starter:	Kevin Klaerner – Tucker Webb
Clerk of Course:	Steve Chrisman
Finish Clerk:	Mike Russell, Erin Alford
IPAD Timing:	Comfort
Backup Timer:	Llano
Announcer:	Fred Collins
Computer:	Susan Lantz – Jaime Lackey
Awards:	Vicki Rieken – Jefferie Butler

Hurdle Setters:

Hurdles 1 and 2 – Llano	Hurdles 3 and 4 – Blanco
Hurdles 5 and 6 – Ingram	Hurdles 7 and 8 – Brady/Florence
Hurdles 9 and 10 – Comfort	

Exchange Zone #1 (Entry – Exit)	Llano - Comfort
Exchange Zone #2 (Entry – Exit)	Florence – Brady
Exchange Zone #3 (Entry – Exit)	Ingram - Blanco

FIELD EVENTS

Shot Put:	Comfort	Ring 1 and Ring 2
Discus:	Llano	Ring 1 and Ring 2
High Jump:	Blanco	Apron and Grass
Pole Vault:	Florence	
Long/Triple Jump:	Ingram	Both 7th Girls pits, Lane 3 and 7, near concessions
Long/Triple Jump:	Brady	Both Boys pits, Near scoreboard

- 3 Throws/Jumps

2024 – District 5-3A Track and Field Meet Schedule

1:45 Scratch Meeting - All changes completed by 1:30

2:05 3200 METER RUN 7G, 8G, 7B, 8B

2:00 All Field Events (3 attempts in all events except for PV and HJ)

Shot (ring 1) 8B , 7B - Comfort

Shot (ring 2) 7G, 8G - Comfort

Discus (ring 1) 8G, 7G - Llano

Discus (ring 2) 7B, 8B - Llano

Long Jump - 8B: Pit closest to scoreboard - **8B TJ immediately following**

Long Jump - 7B: Pit closest to South Endzone - **7B TJ immediately following**

Brady- both pits

Long Jump - 7G: Lane 3 on North end of track - **7G TJ immediately following**

Long Jump - 8G: Lane 7 on North end of track - **8G TJ immediately following**

Ingram - both pits

High Jump (apron) 8G, 8B - Blanco

High Jump (grass) 7B, 7G - Blanco

Pole Vault 8B, 8G, 7B, 7G - Florence

4:15 Running Events: 7G, 8G, 7B, 8B (rolling schedule)

400M RELAY

800 METER DASH

100 HURDLES (Girls)

110 HURDLES (Boys)

100 METER DASH

800M RELAY

400 METER DASH

300 HURDLES

200 METER DASH

1600 METER RUN

1600M RELAY

Press box will have awards at the end of the meet.

updated: March 20